

**31st Annual Youth Leadership Conference
Workshops**

| Title | Description | Presented by | Topic |
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| This is JTED | <i>The Pima JTED provides Career and Technical Education programs to current high school students in a variety of areas. The workshop will provide the details of all JTED opportunities including current offerings, dual enrollment opportunities, and a connection to their post-secondary goals.</i> | Pima County JTED | Career Readiness |
| Entrepreneurship | <i>Discussions around the following: building a brand, brand identity, social media marketing, and making money while you sleep.</i> | Michael Rodriguez, RandomLyfe | Career Readiness |
| The Five "W's" of Entrepreneurship | <i>We will discuss what is entrepreneurship and the importance of knowing the 5 "W's" of your business: The Who, What, Where, When and Why as it relates to your potential customers. Tips for getting support will be discussed and handout provided.</i> | Choose Congruency | Career Readiness |
| Leadership, Teamwork & Problem Solving: It is What Employers Want | Leadership, problem solving, and communication, what do they have in common? There are some of the skills that employers who have been surveyed by the National Association of Colleges and Employers (NACE) have been saying they want in applicants. This workshop will utilize NACE Competencies, the top skills employers are looking for, to prepare students to get these skills and effectively communicate them to employers. | Pima Community College | Career Readiness |
| Leading with Courage and Kindness | This interactive session covers twelve, fundamental practices of kindness that significantly improve communication and relationships for the emerging leader. Some of the evidence-based applications to be explored include empathy, civility, conscientiousness, and compassion. They prepare the leader for situations of adversity that come with leadership. This session examines the brain's response to adverse stimuli, referred to as the fight or flight response, and how to courageously counteract it by applying the kindness practices. | Pima Community College | Career Readiness |
| Preparing for and Selecting the Perfect Career Path After High School | Workshop will present resources on where to find information about future careers...books, internet, databases, and to show how to prepare a basic resume and prepare for a job interview. In addition the workshop will test your values, interests, readiness, motivation and personality style One way to choose a college major or career is to think about all the things you're good at and interested in. | Pima Community College Library & Pima County Library | Career Readiness |

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| <p>Find Your Purpose In Your Journey to Greatness- What It Means to Be College Ready</p> | <p><i>This workshop will be an interactive journey for students grades 9-12. Students will learn how to find their personal purpose prior to graduation. Having good grades is just a part of the journey; now what? How does one balance work, family, school, and college?? Students will hopefully leave this workshop feeling inspired and motivated to be finish out their school year strong with a true purpose of who they are and what they want to do next!</i></p> | <p><i>Sunside Unified School District</i></p> | <p>College Access</p> |
| <p>Understanding FAFSA</p> | <p>This workshop will go over who is eligible for FAFSA, how to apply, what someone could be eligible for, how the funds are disbursed, and what the funds should be used for.</p> | <p><i>Metropolitan Education Commisson</i></p> | <p>College Access</p> |
| <p>Let's Make it to the End with Starting Out Right!</p> | <p>In this session we will actively explore what success skills students already have in their tool box before they start college. Participants will learn how to maximize on their own strengths and prepare for the areas they believe will be a challenge. We will also discuss the differences between high school and college and how exciting it can be to be responsible for their own college success!</p> | <p><i>Pima Community College</i></p> | <p>College Access</p> |
| <p>Uarizona Admissions and Paying for Collefge</p> | <p>Representatives from the University of Arizona will share how to ace your application, benefits of a UArizona education, and how to pay for college! You'll hear about the basics, like what courses you need, and the ways you can maximize your scholarship potential and have a chance to ask an expert any questions you have. Join us to learn how UArizona can take your leadership to the next level, and how a world-class college education can be an affordable and attainable option in your own backyard.</p> | <p><i>University of Arizona</i></p> | <p>College Access</p> |
| <p>Pima Community College- Dual Enrollment and how to Pay for College</p> | <p>Dual Enrollment offers qualified students, the opportunity to earn college credit while still in high school. Students have the opportunity to earn credit toward both a high school diploma and college certificate or degree, reducing the cost and the time it takes to obtain a college degree.</p> | <p><i>Pima Community College</i></p> | <p>College Access</p> |
| <p>Soaring Toward Your Potential via College Preparation</p> | <p>This workshop will engage students in a hands-on activity and active discussion about reaching their potential and college preparation. Students will be able to consider their own goals and how they relate to college. Students will leave ready to soar with a better understanding of factors impacting college admission.</p> | <p><i>University of Arizona - Early Academic Outreach</i></p> | <p>College Access</p> |

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| <p>Volunteering 101: Everything You Must Know</p> | <p>Are you curious about volunteering but don't know how to start or what's involved? This workshop is great for you! In this workshop you will learn:</p> <ul style="list-style-type: none"> - Benefits of Volunteering - How to find a cause that you are passionate about. - How to reach out to community organization leaders. - How to build relationships with community leaders who share your passion. - How to develop leadership skills through Volunteering. - Basics of Fundraising. - Volunteer opportunities for youth in Tucson | <p><i>Pima Community College</i></p> | <p>Community Engagement & Advocacy</p> |
| <p>Justice through Service Work</p> | <p>The presentation will describe short and long term solutions and approaches that address injustices. The solutions center on ways youth can get involved to serve the needs of the community.</p> | <p><i>Jessikah Eller, Salpointe Catholic High School</i></p> | <p>Community Engagement & Advocacy</p> |
| <p>How Politics Works - From a Student Perspective</p> | <p>Learn how local, state, and federal policy works and how to get involved with Joshua Ashton, an 18-year-old community college student and candidate for the Vail School Board.</p> | <p><i>Joshua Ashton</i></p> | <p>Community Engagement & Advocacy</p> |
| <p>Operation: Student Civic Engagement</p> | <p>The MEC's Youth Advisory Council will present on the importance of learning how local government functions, how to get involved, and student voter registration.</p> | <p><i>Metropolitan Education Commisson - Youth Advisory Council</i></p> | <p>Community Engagement & Advocacy</p> |
| <p>Latinx Empowerment: Navigating Higher Education</p> | <p>The purpose of the workshop is to enhance students' knowledge on navigating higher education while promoting their leadership skills.</p> | <p><i>TUSD Mexican American Student Services</i></p> | <p>Community Engagement & Advocacy</p> |
| <p>How To Be Kind Online: Stop Haters and Empower Your Twitterverse</p> | <p>Through this workshop, participants will learn how to use social media as a tool for self-empowerment and also as a means to create a positive space for themselves. Utilizing, hashtags and positive subgroups participants will learn how following specific people and trends can create a meaningful social experience.</p> | <p><i>Pima Community College Library</i></p> | <p>Personal Wellbeing</p> |
| <p>"In Their Shoes" Kaity's Way</p> | <p>The attendees of this workshop will walk in the shoes of a victim of teen dating abuse with the "In Their Shoes" activity. Through this activity they will learn how an abusive relationship can affect their social and emotional well-being and understand what choices they may or may not have had. After the activity we will debrief and time permitting discuss the elements of a healthy relationship.</p> | <p><i>Kaity's Way</i></p> | <p>Personal Wellbeing</p> |

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| Your Digital Tattoo | Interactive workshop focusing on "your digital tattoo" or how your online presence can be a benefit or a detriment when it comes to careers and leadership. Workshop includes the latest in online behaviors of youth, pointers for improving your online presence and a history of users on the internet and it's impact on community and society. | Steve Delgado | Personal Wellbeing |
| Suicide Awareness and Prevention | This presentation focuses on talking directly with teens about the epidemic of suicide. We will give guidance on what to do if someone talks about ending their life, signs to look for, and questions to ask. We will also give tips on how you can help, as well as how a teen can get help for themselves. | Office of the Arizona Attorney General | Personal Wellbeing |
| Healthy Relationships | <i>Discussion on what a healthy relationship entails. Recognize the signs which could lead to potential problems such as bullying, stalking, abuse/violence, etc. Learn what you can do to stay safe in your relationships.</i> | Combined with PCC and Pima County Health Department | Personal Wellbeing |